

**Lower Nazareth Elementary School PTA
2025-26 Reflections Program: "I Belong"**

We are so glad that you are participating in the Reflections national arts program. Below is a link to submit your entry form. Before doing so, please read the following reminders. Full entry rules are below.

REMINDERS

1. **ALL** entrants submit an online entry form **AND** email a digital artwork file to lnesptareflections@gmail.com.
2. All electronic files **MUST** be named with your child's name and the art title.
3. Please make sure your digital files are oriented correctly (facing the right direction).
4. A hardcopy of Visual Arts, Photography, and Literature entries **MUST** also go to the LNES main office.
5. Judging is anonymous. Please **DO NOT** have your student's face or name appear anywhere on the front of the artwork. This includes entries in the film category.
6. PHOTOGRAPHY
 - a. Entries are one picture, no larger than 8x10.
 - b. Students with multiple photos to submit, **MUST** fill out an entry form for each photo.
 - c. When filling out the entry form, the *Entry Details* for photography must be specific and include the camera/phone type and version and photo software. Eg. iPhone 15 Pro, ios 11, Apple photos (cell phone or iPhone is not sufficient).
 - d. You do not have to mat the photo.
 - e. Collages are Visual Arts entries - not photography.
7. VISUAL ARTS: 2D not larger than 24"x30" and 3D not larger than 12"x12"x12"
 - a. 3D visual arts must send 3 digital images of the artwork at different angles

Please email artwork to: lnesptareflections@gmail.com. Additionally, Photography, Literature, and Visual Arts participants will also drop-off a hardcopy of the artwork at the LNES main office.

[LNES REFLECTIONS 2025-26 ENTRY FORM](#)

2025-26 National PTA Reflections Program

By submitting artwork to the **National PTA Reflections Program**, entrants accept and agree to be bound by the official rules for participation as well as the entry requirements for their specific arts category and division. Additional state program requirements may apply. Any violation of these rules may, at PTA's discretion, result in disqualification. All decisions of the reviewers regarding this program are final and binding in all respects. (The "PTA" referred to in these rules include all PTAs reviewing the submission).

Official Rules

1. ELIGIBILITY. Students must participate through a local PTA/PTSA. **Each student's eligibility is determined by the state and local PTA/PTSA.** A student may develop an entry inside or outside of school.

2. HOW TO ENTER. Entrants must submit their artwork and student entry form to their local PTA/PTSA program according to local and state PTA procedures. Contact local PTA programs for deadlines and additional information.

3. ENTRY REQUIREMENTS. Entrants must follow requirements and instructions specific to each arts category and, if applicable, Accessible Arts Division rules.

- a. Only new pieces of artwork inspired by the current year's theme may be submitted.
- b. Each entry must be the original work of one student only. Only one student may be recognized as the award recipient for each entry. An adult may not alter the creative integrity of a student's work. Because the program is designed to encourage and recognize each student's individual creativity, help from an adult or collaboration with other students is not allowed except in the Accessible Arts Division. Other individuals may appear in or perform a student's work, but the work itself must be the creative product of one student only.
- c. Each entry must contain a title, and all entries must include an artist statement. A creative title highlights your artwork and theme without saying the theme directly. The artist statement communicates what inspired the work, how it relates to the theme and the content of the work. The statement must include at least 10 words and not exceed 100 words. Each entry from a single student must have a **unique** title and artist statement.
- d. Digital technology and/or software can be used to develop, enhance and/or present an entry but may not provide the primary design and/or concept. Entrants must use the "Entry Details" field to provide a brief description of the tools and methods used in the creation process. AI and other generative programs are prohibited. (10 to 50 words).
- e. The entrant's name may not appear in the title, artwork and artist statement

4. ARTS CATEGORIES. There are six arts categories and students may enter the National PTA Reflections program in one or more arts categories. See additional entry requirements and further details outlined in arts category rules.

a. Dance Choreography: Solo and ensemble works of all dance styles are accepted. Entrant must be the original choreographer and may also be the performer, or one of the performers. All performers must be named on the entry form in the "Entry Details". Entries with added graphics in the video are not accepted. If used, cite background music on the entry form (title, composer and performer) in the "Entry Details". **Videos** must not exceed five minutes or 1,000 MB (1,000 megabyte). Accepted file formats: MP4, MOV, AVI.

b. Film Production: Accepted short film styles include: Animation, narrative, documentary, or experimental. Slide shows and other films built with software like Power Point are prohibited. Entrant must be the sole screenwriter, cinematographer, editor and producer (the artist may hold the camera or

use a device to hold the camera, but may not receive assistance unless in the Accessible Artist division.) If used, cite background music on the entry form (title, composer and performer) in the “Entry Details”. All performers must be named on the entry form in the “Entry Details”. **Videos** must not exceed five minutes or 1,000 MB. Accepted file formats: MP4, MOV, AVI.

c. Literature: Accepted forms of fiction and nonfiction include: prose, poetry, reflective essay, screen play and play script, narrative and short story. Collections of literary work are not accepted. Entrants may write in their primary language as long as an interpretive English translation is provided. Original illustrations are accepted, but only the writing is judged. **Writing can** be handwritten or typed (8.5x11, one-sided) and up to 1,000 words. The word count must be included in the “Entry Details”. Pages must be numbered. Accepted file format: PDF.

d. Music Composition: All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Software may be used to produce an audio recording. Entries containing algorithmic composition techniques are not accepted. Instruments used and all technology used to create the artwork is listed included on the Entry Form in the “Entry Details”. All performers must be named on the entry form in the “Entry Details”. **Audio recording** is required and must not exceed five minutes or 1,000 MB. Accepted file formats: MP3, WAV. **Notation** (score/tablatore/reflective statement) is required for middle and high school divisions only and does not replace the required entry artist statement. Accepted file format: PDF.

If writing a reflective statement, consider answering these questions:

- What musical decisions were made to achieve the final version of the piece?
- How did you develop the musical elements?
- What equipment was used (if any)?
- What sounds and/or musical ideas were used to represent certain ideas or emotions?
- How were your creative and musical decisions influenced by your expertise, context, and expressive intent?

e. Photography: Photo must be a single print/digital image. Collages, collections of photos and/or photos with added graphics are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques. Artwork dimensions and all technology used to create the artwork is listed included on the Entry Form in the “Entry Details”. **Print** images: if required by your local PTA/PTSA, between 3x5 to 8x10 inches and at least 300 dpi resolution. **Digital** images: at least 640x960 pixels. Accepted file formats: JPEG, JPG, PNG.

f. Visual Arts: Works of both fine and design arts in 2D or 3D formats are accepted. See guidelines for specifics. **2D** artworks must not exceed 24x30 inches, and must include at least one digital image of artwork. **3D** artwork must contain 3 digital images of artwork at different angles. Accepted file formats: JPEG, JPG, PNG.

If required by your local PTA/PTSA, artwork will be collected; artwork must be mounted on paperboard, cardboard or foam core with the entrant’s name written on the back.

5. DIVISIONS. Students select the appropriate division for their grade:

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| a) Primary (PreK-Grade 2) | d) High School (Grades 9-12) |
| b) Intermediate (Grades 3-5) | e) Accessible Arts Elementary |
| c) Middle School (Grades 6-8) | f) Accessible Arts Secondary |

The Accessible Arts Divisions are open to students who identify as having a disability and may receive services under IDEA or ADA: Section 504. By participating, students compete against other

students in the specific Accessible Arts Division and are awarded as part of that division. Participating students may receive category specific accommodations and non-artistic accommodations. Students who choose to participate in the Accessible Arts Division must also select an arts category and grade division.

Students with disabilities that do not wish to enter the Accessible Arts Division may compete in their relevant grade-level and will follow the general rules and arts category guidelines specific to their submissions, modified only by non-artistic accommodations specific and limited to the student's disability.

6. COPYRIGHT. Plagiarized entries will be disqualified. Use of copyrighted material, including any copyrighted cartoon characters, material downloaded from the internet, copyrighted recorded music or copyrighted photographs or stock images, is not acceptable, except for the following:

- Entries may include public places, well-known products, trademarks or certain other copyrighted material as long as that copyrighted material is incidental to the subject matter of the piece and/or is a smaller element of a whole. The resulting work cannot try to establish an association between the student and the trademark/business/material or influence the purchase/non-purchase of the trademarked good.
- If background music is used in dance choreography and film production entries, it must be cited on the entry form (title, composer and performer).
- Visual arts, photography and film production entries may include portions of existing copyrighted works, such as photographs, magazine or digital media clippings and/or type cut out of a newspaper, as long as those portions of copyrighted works are used to create a completely new and different work of art.

7. FINALIST SELECTION AND NOTIFICATION. Entries are reviewed at local, regional, state and national levels. Each PTA determines its own reviewers for the program. Entries will be reviewed primarily on how well the student uses their artistic vision to portray the theme, their originality and creativity. The National PTA Reflections® program makes no restrictions on content or subject matter in artwork submitted by the local, regional or state levels. National PTA reserves the right to use its sole discretion in selecting the submissions to be recognized at the national level. Under no condition may parents or students contact a reviewer to dispute the status/score of any entry. Each PTA in its sole discretion will select finalists for exhibition and provide awards/prizes. Awards are announced per local and state procedures. National awards are announced May 1 at [PTA.org/Reflections](https://www.pta.org/Reflections).

8. OWNERSHIP AND LICENSE. Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant's irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions.

9. PARTICIPATING ENTITIES. This program is administered by the National Parent Teacher Association (PTA) and PTA affiliates. Parent groups not affiliated with National PTA are not eligible to sponsor this program.